

Frequently Asked Questions

Basic Classes

☪ What is taught in the “basic” classes?

Students are taught basic requirements for all ranks – forms, one-steps, sparring segments, and self-defenses, as well as drills to enhance their skills.

☪ How many classes are required for rank promotion?

14 basic classes, minimum – and command of their material

☪ Are there make-up classes?

If another class is doing the same material, a student may attend that class to adjust their day’s schedule or make-up a missed class. Otherwise, private classes are available.

☪ Can students in the basic class attend any specialty or club classes?

The boards/sparring class is for advanced students only. Students may attend one month (4 continuous weeks) of Black Belt Club classes per contract, with an additional fee.

Specialty Classes

☪ Is there an additional fee for the boards/sparring class?

No, it’s part of the basic package for advanced students. The class provides more practice with boards and sparring – they were getting lost within the regular classes with all the basic requirements.

☪ What ranks are eligible for the boards/sparring class?

Camo belts and above may attend the boards/sparring class. While camo and green belts aren’t required to break boards, they can learn the skill to be prepared.

☪ How is the boards/sparring class taught?

The first 4 weeks will be either boards only or sparring only classes, alternating weeks. The last 4 weeks will contain both boards and sparring in one class.

☪ How many boards/sparring classes are required for rank promotion?

1 boards only for purple belts and above and 2 additional classes of students’ choice for camo and above, minimum. Students must have command of board breaks and sparring to attend rank promotion. A student may attend the class weekly if they wish.

☪ Who attends the Black Belt class?

The red/black belt is 1st Degree Black Belt Recommended, so red/black belts and above.

☪ There’s only one Black Belt class?

Black Belts attend their own class and choose one other class (within their age group) to attend. This helps Black Belts keep their roots while learning new skills.

☪ Do Black Belts attend the Black Belt Club class?

The Black Belt Club class is part of the Black Belt class. Students attending the class will learn basic Protech skills that are further developed within the Black Belt class.

Clubs– Ask Mrs. Myers for additional information and pricing on all Clubs.

☉ What is the Black Belt Club?

The Black Belt Club is for color belt students who intend to persevere at least to Black Belt. Club participants will learn skills that are further developed at the Black Belt level. This class also replaces monthly clinics. There is a separate contract for students wishing to pursue this path.

☉ What ranks can participate in the Black Belt Club?

Camo and above.

☉ What is the Leadership Club?

The Leadership Club is for students who want to become leaders and instructors. Both juniors and adults may participate in this program; however, it is by invitation only. There is a separate contract for students wishing to pursue this path.

☉ What ranks can participate in the Leadership Club?

Blue belts and above are eligible for a leadership invitation.